


**KARITANE - LEADERS IN PARENTING SERVICES**

**BRINGING FAMILIES TOGETHER**

# What Were We Thinking Parenting Program

|                          |  |  |
|--------------------------|--|--|
| <b>Open to:</b>          | Expecting Parents & New Parents in Area 2560<br>(Babies upto 4 months) |  |
| <b>Date:</b>             | Friday 27th July 2018  |  |
| <b>Time:</b>             | 10:00am—4:00 pm  |  |
| <b>Location:</b>         | Macbeth Community Hall, Macbeth Way, Rosemeadow 2560                   |  |
| <b>Spaces Available:</b> | 10   |  |
| <b>Cost:</b>             | Free   |  |
| <b>Presenters:</b>       | Kylie Hodge & Karen Burr   |  |

*Communities for Children is funded by the Australian Government Department of Social Services*

**Workshop Overview:** The birth of a baby is one of the biggest life changes you will experience. This program will provide ideas about common experiences in the early months of parenthood and some ways of thinking about managing them. The program aims to help parents grow in confidence and have more moments of enjoyment.

**Would you like to learn how to:**

- Increased confidence and competence in baby care
- Understanding of baby's needs and experiences
- Recognising, understanding and responding to challenges experienced by all parents

**Register Today: Call  
Karen Burr on 0475 989 748 or  
<https://www.karitane.com.au>**

**Features:** Free Childcare Available & Lunch provided

For hints and tips visit our website [www.karitane.com.au](http://www.karitane.com.au)

Follow us on Facebook [www.facebook.com/karitaneNSW](http://www.facebook.com/karitaneNSW)

# LOCATION MAP

## MacBeth Community Hall

6 MacBeth Way, ROSEMEADOW NSW 2560



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