

**KARITANE - LEADERS IN PARENTING SERVICES**



# HAPPINESS & WELLBEING

<b>Open to:</b>	All Professionals
<b>Date:</b>	Wednesday 14th November 2018
<b>Time:</b>	1:00pm — 4:30pm
<b>Location:</b>	Karitane Function Centre, 138-150 The Horsley Drive, Carramar NSW 2163
<b>Spaces Available:</b>	40
<b>Presenter:</b>	Angela Petridis Clinical Psychologist/Educator
<b>Cost:</b>	\$45.00

## Workshop Overview

This 3.5 hour session will be presented by Angela Petridis clinical psychologist educator. Angela will provide evidence based information on the link between happiness and wellbeing. The session will explore evidence based strategies and benefits of intentionally implementing these strategies to promote happiness and wellbeing.

### Features:

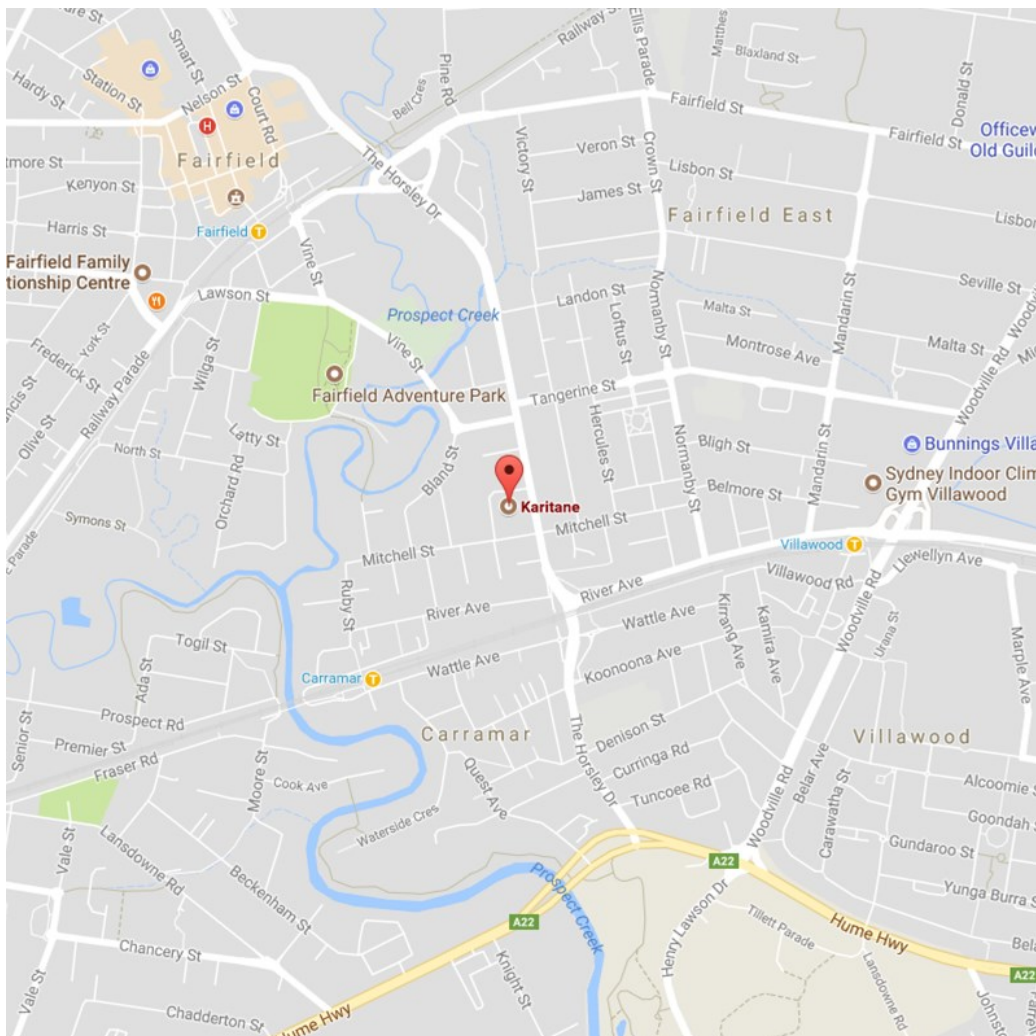
Afternoon Tea will be provided.

**Register Today:**  
[www.karitane.com.au](http://www.karitane.com.au)

# LOCATION MAP

## KARITANE FUNCTION CENTRE

138-150 THE HORSLEY DRIVE CARRAMAR NSW 2163



**Register Today:**  
[www.karitane.com.au](http://www.karitane.com.au)