



Couple Communication (Chinese Mandarin)

Couple Communication is a 1-session seminar for couples who want to develop new and effective ways of communicating with each other and dealing with relationship difficulties.

Topics covered include:

- Managing communication issues
- Common blocks to communication
- Speaking and listening skills
- Constructive ways to raise issues
- Learning to understand and be understood.

Please note: This seminar is not suitable for couples who are in crisis or experiencing domestic violence or abuse. Please contact us to arrange alternative groups or counselling in these cases (See Family Safety category).

NORTHERN SYDNEY REGION

Date and Time: Saturday 18 May 2019, 10.00am to 4.00pm

Location: Relationships Australia, Level 1, 68 Waterloo Rd Macquarie Park 2113

Cost: \$250 per couple (concessions available)

To make a booking, or for more information please call: 1300 364 277