

# Tuning in to Kids

## PARENTING WORKSHOP

Starts  
Thursday  
6 December  
9:30am - 12pm

Indian Squad Women's Association in partnership with Metro Assist are running five parenting sessions for parents of kids aged 3 years old to primary school age!

**Tuning in to Kids shows you how to help your child develop emotional intelligence.**

Discover how to:

- Talk with and better connect with your child
- Help them manage emotions
- Prevent behaviour problems
- Deal with conflict

Children with higher emotional intelligence:

- Have greater success making and keeping friends
- Have better concentration at school
- Are better able to calm down when upset or angry
- Tend to have fewer childhood illnesses

Emotional intelligence may be a better predictor of academic and career success than IQ!

### TIME & DATES

Thursday 6 December, 2018	9:30am - 12pm
Thursday 3 December, 2018	9:30am - 12pm
Thursday 20 December, 2018	9:30am - 12pm
Thursday 27 December, 2018	9:30am - 12pm
Thursday 3 January, 2019	9:30am - 12pm



### VENUE

Lakemba Meeting Room  
62 Boulevard Street  
Lakemba, NSW 2195

### REGISTRATION

For bookings and more information contact Asma on 0410 286 104 or Meher on 0420 707 151

**Bookings Essential**  
**Childcare provided!**

