

## PLAY THERAPY

Parents will gain effective skills and knowledge on the play approaches and methods to help foster positive and trusting relationships

- Georges Hall Public School (SSI Community Hub)
- 5/9 - 26/9/18 (4 sessions)
- 9:30am - 11:00am
- No childcare available
- Contact: Wafa 1300 254 657

## FRIDAY

### ME & MY BABY (CANTERBURY)

This group has been designed for parents to discuss how to engage, strengthen, foster abilities and communicate with their children.

- Al Aseel, 135 Haldon St Lakemba
- 7/9 - 21/9/18 (3 sessions)
- 10:00am - 12:00pm
- No childcare available
- Contact: Wafa 1300 254 657

### ME & MY BABY (BANKSTOWN)

This group has been designed for parents to discuss how to engage, strengthen, foster abilities and communicate with their children.

- Al Aseel, 183 Waterloo Rd Greenacre
- 3/8 - 17/8/18 (3 sessions)
- 10:00am - 12:00pm
- No childcare available
- Contact: Wafa 1300 254 657

Ground Floor 58 Kitchener Parade,  
Bankstown NSW 2200

[admin@creatinglinks.org.au](mailto:admin@creatinglinks.org.au)

[www.creatinglinks.org.au](http://www.creatinglinks.org.au)

**P:** 1300 254 657 | **F:** 02 8713 7799

## SATURDAY

### DADS MATTER - "HELLO DAD"

Having a baby can turn your world upside down. In Dads Matter, we learn how to look after ourselves and our partners as well as survive the daily challenges & struggles.

- Tresillian, Mckenzie St Belmore
- 1/9/18
- 9:00am - 12:00pm (Lunch to follow)
- No Childcare available
- Contact: Edgee 1300 254 657

### DADS MATTER - "HELLO DAD"

Having a baby can turn your world upside down. In Dads Matter, we learn how to look after ourselves and our partners as well as survive the daily challenges & struggles.

- Canterbury-Earlwood Caring Association  
- 15 Clarke St Earlwood
- 22/9/18
- 12:00pm - 3:30pm (Lunch included)
- No childcare available
- Contact: Edgee 1300 254 657 or  
Kathleen 9559 4013

## SCHOOL HOLIDAYS

### DRUMBEAT - YOUTH 12 - 17 YEARS

Drumbeat is a drum therapy group that will enable youth to manage their behaviour and learn new ways of self-expression. A way to reduce anxiety, empower youth and build healthy relationships.

- Creating Links - 58 Kitchener Pde Bankstown
- Tuesday 2 & Wednesday 3 October 2018
- 10:00am - 12:00pm
- No childcare available`
- Contact: Edgee 1300 254 657

# Creating Links

Communities for the future

## Family Service

### Term 3 Calendar - 2018



# MONDAY

## INDIGENOUS ALL STARS

A great program for Aboriginal primary school children to learn about their heritage, culture and relationships in a fun and exciting environment with other Aboriginal children

- Punchbowl Community Centre - 44 Rossmore Ave, Punchbowl
- 6/8 - 10/9/18 (6 sessions)
- 3:30pm - 5:00pm
- No childcare available
- Contact: Monica or Ebony - 1300 254 657

## DREAMTIME DANCE

FUN & EXCITING new program for young children aged 2-6 years who will learn about their Aboriginal culture through various interpretive dance techniques and styles

- Creating Links Group Room (Level 2)
- 6/8 - 10/9/18 (6 sessions)
- 12:30pm - 2:00pm
- No childcare available
- Contact: Monica or Ebony 1300 254 657

## PARENT CHILD MOTHER GOOSE

(Vietnamese)

This program promotes parent-child relationships through the use of various fun oral language experiences and techniques.

- Creating Links (Level 2)
- 13/8 - 24/9/18 (7 sessions)
- 10:00am - 11:30am
- No childcare available
- Contact: Lan or Ngan - 1300 254 657

# TUESDAY

## CIRCLE OF SECURITY - YOUNG PARENTS (16-25YEARS)

Informative and educational parenting program that focuses on providing children emotional support to increase confidence and self-esteem.

- Greenacre Community Centre - 87 Waterloo Rd Greenacre
- 28/8 - 25/9/18
- 10:00am - 12:00pm
- Childcare available
- Contact: Ebony 1300 254 657

## BRINGING UP GREAT KIDS

Specially designed program that uses ideas of mindfulness & reflection to support and enhance patterns of communication with their children.

- Bankstown Children & Families Hub - 24-26 Jacob St, Bankstown
- 31/7 - 21/8/18
- 10:30am - 12:30pm
- Childcare available
- Contact: Lan 1300 254 657

## 1 2 3 MAGIC & EMOTION COACHING

Parents will be able to learn various tips and tricks to manage difficult behaviour in children as well as managing their emotions.

- TMN Office - L2 Room 2A, 40 Raymond St, Bankstown
- 28/8 - 11/9/2018 (3 sessions)
- 9:45am - 11:45am
- Childcare available
- Contact: Lan 1300 254 657

## ENGAGING ADOLESCENTS (VIETNAMESE)

Designed to help parents and carers learn new skills to assist them with dealing with teenage behaviour problems

- Creating Links - 58 Kitchener Pde Bankstown
- 28/8, 4/9, 11/9/18
- 10:00am - 12:00pm
- Childcare available
- Contact: Kim 1300 254 657

## TRIPLE P (PARENTS & CARES -ENGLISH)

A positive parenting program designed to give you knowledge to help your children develop new skills that will equip them for life.

- Riverwood Public School
- 7/8 - 21/8/18(3 sessions)
- 9:30am - 11:30am
- Childcare available
- Contact: Kim 1300 254 657

# WEDNESDAY

## DAD'S MATTER

Having a baby can turn your world upside down. In Dads Matter, we learn how to look after ourselves and our partners as well as survive the daily challenges & struggles.

- Bankstown Hospital - Antenatal Room - 68 Eldridge Rd Bankstown
- 1/8 and 8/8/18
- 11:00am - 12:30pm
- No childcare available
- Contact: Edgee 1300 254 657 or Lindsay 9722 8247

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