

## CHILDREN WITH A DISABILITY

### Eurella Community Services

Ph: 9747 4810 [www.eurellacommunityservices.com](http://www.eurellacommunityservices.com)  
Provides early intervention services for children aged 0 - 5 years with an intellectual disability. Karobran early intervention program is for children from birth to five years with special needs. Individual programmes are designed for each child for use both within the group session and at home. Music is incorporated into all aspects of the Programme.

### St Anthony's Family Care

Ph: 9747 5782 [www.safc.org.au](http://www.safc.org.au)  
Provides Early Intervention Services for children aged 0-7 years and Flexible Respite for children aged 0 -16 years. Individual programs are developed for each child focusing on individual needs and family priorities.

### Family Resource & Network Support Inc (FRANS)

Ph: 9799 4333 [www.frans.com.au](http://www.frans.com.au)  
Provides a range of programs for children with a disability including community access, recreational outings, Post School Programs and respite care.

### The Infants Home Child & Family Services (THC&FS)

Ph: 9799 4644 [www.theinfantshome.org.au](http://www.theinfantshome.org.au)  
Provides integrated early childhood education and support services for children and their families.

### Ageing, Disability and Home Care (ADHC)

Ph: 9334 3700 [www.adhc.nsw.gov.au](http://www.adhc.nsw.gov.au)  
Provides early intervention services for children. Referral via intake for therapy services, casework, respite and behaviour intervention services.

### Lifestart

Ph: 9807 9700 [www.lifestart.org.au](http://www.lifestart.org.au)  
Supports children with disabilities and their families to achieve quality of life.

### Sydney Dental Hospital, Paediatric Dentistry Department

Ph: 9293 3230 [www.sswahs.nsw.gov.au](http://www.sswahs.nsw.gov.au)  
Provides specialist dental treatment for children with a disability. Call to discuss eligibility and options.

### Pathways Early Childhood Intervention Inc

Ph: 9572 8840 [www.pathwayseci.com](http://www.pathwayseci.com)  
For children 0-6 years with a developmental delay or disability. Family Centred programs, therapy and groups. Autism services.

### Koorana

Ph: 9750 4100 [www.koorana.org.au](http://www.koorana.org.au)  
Psychology Services. Also provides family support and case management.

### Catholic Care

Ph: 8709 9333 [www.catholiccare.org](http://www.catholiccare.org)  
Provides support to families with a child or adolescent with a disability.

### Special Children Services Centre

Mob: 0420 226 328 [www.specialchildrenservices.org](http://www.specialchildrenservices.org)  
Special Children Services Centre Inc (SCSC) aims to assist children with special needs by providing professional training, therapy program and practical service especially children with intellectual disabilities, developmental delay and Autism from CALD background. Therapy programs operate on Saturdays at Woodstock (22 Church St, Burwood) and/or Burwood Community Welfare Services Centre (45 Belmore Street, Burwood).

## SERVICES FOR CALD FAMILIES (CULTURALLY AND LINGUISTICALLY DIVERSE)

### Metro Migrant Resource Centre / Metro Assist

Ph: 9789 3744 [www.metromrc.org.au](http://www.metromrc.org.au)  
Metro MRC provides a range of settlement and support services to communities and families across our region, including newly arrived migrants, refugees, humanitarian entrants and Aboriginal and Torres Strait Islander communities. Our service covers the Inner West and also Bankstown, Canterbury, and Marrickville.

The Metro Assist Community Hubs provide information about local services, facilitate access to key support agencies, and encourage community engagement. The Hubs serve as a 'walk-in' information service for all members of the community, with a particular focus on socially and financially disadvantaged people from Strathfield and Ashfield LGAs.

### Navitas

Ph: 9745 2420 [www.navitas.com](http://www.navitas.com)  
Language and Literacy provider for newly arrived migrants and refugees.

### Australia-Korean Welfare Association (AKWA)

Ph: 9718 9589 [www.koreanwelfare.org.au](http://www.koreanwelfare.org.au)  
Provides access to resources and services such as Settlement and Social Welfare to the non-English speaking Korean community.

### Chinese Australian Service Society (CASS)

Ph: 9789 4587 / 9716 4133 [www.cass.org.au](http://www.cass.org.au)  
Provides settlement social, recreational & education services to newly arrived migrants & refugees with a focus on Korean, Indonesian, Thai & Chinese communities.

### Chinese Migrant Welfare Association (CMWA)

Ph: 9716 0612 [www.cmwa.org.au](http://www.cmwa.org.au)  
Provides a playgroup and recreational groups for Chinese speaking community.

### Co-As-It Italian Head Office

Ph: 9564 0744 [www.coasit.org.au](http://www.coasit.org.au)  
Includes advocacy, counselling, day care, social groups, community settlement services, bilingual school and drug and alcohol services for the Italian speaking community.

### Ethnic Child Care, Family & Community Service Cooperative Ltd

Ph: 9569 1288 [www.eccfcsc.org](http://www.eccfcsc.org)  
Provides opportunities to participate and receive relevant services to people from CALD backgrounds appropriate to their needs.

### Russian Ethnic Community Council (RECC)

Ph: 9745 4244 [www.russiansinaustralia.org.au](http://www.russiansinaustralia.org.au)  
Provides access to quality information to essential mainstream service providers such as Health, Housing, Employment, etc. to people from a Russian speaking background.

### Open Training & Education Network - Multicultural Education Unit

Ph: 9715 8676 [www.oten.edu.au](http://www.oten.edu.au)  
Ph: 1800 637 549 (inside NSW)  
Provides information, advice, language & cultural support services and specific courses to people from Non-English Speaking Backgrounds (NESB) who wish to study by distance education with OTEN.

### Strengthening Families Resourcing Parents

Ph: 9715 8676 [www.russiansinaustralia.org.au](http://www.russiansinaustralia.org.au)  
Ph: 1800 637 549 (inside NSW)  
Parenting Tips in over 40 community languages - can be downloaded 24 hours a day. Tip sheets on topics such as: Children's Development, Health, Feeding & Nutrition, Mental Health, Parenting, Parent Education, Safety/Child Protection, Special Needs, Teenagers.

## HELPFUL RESOURCES

### Help Lines

Child Protection Helpline:	132 111
Tresillian Babycare:	9787 0855
Karitane Careline:	1300 2274 64
Parent Line NSW:	1300 1300 52
Kids Helpline:	1800 551 800
Poisons Information Service:	13 11 26
Telephone Interpreter Services:	13 14 50
Centrelink Culturally and Linguistically Diverse Information	131 202

### Parenting Information

Strengthening Families Resourcing Parents is an initiative aimed at assisting parents to easily access information about parenting tips and parenting education. Resources are also available in a wide range of community languages. For more information go to [www.resourcingparents.com](http://www.resourcingparents.com)

### Information and Parenting Resources

Raising Children Network  
[www.raisingchildren.net.au](http://www.raisingchildren.net.au)  
Strengthening Families Resourcing Parents  
[www.resourcingparents.com](http://www.resourcingparents.com)  
Community Services  
[www.community.nsw.gov.au](http://www.community.nsw.gov.au)  
Government Schools  
[www.schools.nsw.edu.au](http://www.schools.nsw.edu.au)  
Australian Institute of Family Studies  
[www.aifs.gov.au/sf/parenting.html](http://www.aifs.gov.au/sf/parenting.html)

### Child & Family Directory

For a comprehensive Directory, including a childcare and schools listing, please refer to the Inner West Child & Family Directory. Copies can be obtained from the Families NSW Coordinator by calling 9911 9847, or can viewed/downloaded from your local Council's website.  
Ashfield Council  
[www.ashfield.nsw.gov.au](http://www.ashfield.nsw.gov.au) Ph: 9716 1800  
Burwood Council  
[www.burwood.nsw.gov.au](http://www.burwood.nsw.gov.au) Ph: 9911 9911  
City of Canada Bay Council  
[www.canadabay.nsw.gov.au](http://www.canadabay.nsw.gov.au) Ph: 9911 6555  
Strathfield Council  
[www.strathfield.nsw.gov.au](http://www.strathfield.nsw.gov.au) Ph: 9748 9999

familiesnsw  
supporting families to raise children

## INNER WEST

# CHILD & FAMILY SERVICES

(0-12YRS)



ASHFIELD, BURWOOD, STRATHFIELD  
& CITY OF CANADA BAY  
LOCAL GOVERNMENT AREAS



## SUPPORT SERVICES FOR FAMILIES

**Inner West Family Support Service**  
Ph: 9744 1866 [bcwssf@bigpond.com.au](mailto:bcwssf@bigpond.com.au)  
*Provides practical and emotional support for families with children under 16 yrs.*

**St Anthony's Family Care**  
Ph: 9747 5782 [www.safc.org.au](http://www.safc.org.au)  
*Provides services for children aged 0-16 yrs.*

**Carer and Parent Support (CAPS)**  
Ph: 9716 7032 [www.carerandparentsupport.com.au](http://www.carerandparentsupport.com.au)  
*Provides family support services throughout the inner-west.*

**Summer Hill Family Support**  
Ph: 9797 8676 [shfs@weldon.com.au](mailto:shfs@weldon.com.au)  
*Provides practical and emotional support for families.*

**The Infants Home Child & Family Services**  
Ph: 9799 4844 [www.theinfantshome.org.au](http://www.theinfantshome.org.au)  
*Child & family support including Learning Development Centres (Long Day Care) and Family Day Care.*

**The Benevolent Society - Child and Family**  
Ph: 8314 9494 [www.bensoc.org.au](http://www.bensoc.org.au)  
*An integrated service for children and families with a range of complex issues. These may include parental neglect, abuse (or risk of), mental health, drug and alcohol, complex parenting issues, domestic violence, CALD/Indigenous.*

**The Benevolent Society - Volunteer Home Visiting**  
Ph: 8314 9494 [www.bensoc.org.au](http://www.bensoc.org.au)  
*The Volunteer Home Visiting Service is an early intervention program, assisting and supporting vulnerable families in their home.*

**Good Beginnings**  
Ph: 9759 3820 [www.goodbeginnings.net.au](http://www.goodbeginnings.net.au)  
*The Volunteer Home Visiting Service assists new parents in their homes. (Ashfield and Burwood residents)*

**SDN Brighter Futures**  
Ph: 9715 6568 [www.sdn.org.au](http://www.sdn.org.au)  
*Brighter Futures provides case management for families with children 0-8years and as part of our service provides parenting programs and playgroups.*

**Barnardos Aboriginal Early Years Family Support**  
Ph: 9218 2358 [www.barnardos.org.au](http://www.barnardos.org.au)  
*Supporting families with children 0 - 5yrs in the inner west.*

**Kids@Weldon Inner West Toy Library**  
Ph: 9747 4577 [www.weldon.com.au](http://www.weldon.com.au)  
*Church of England Children's Homes provide a collection of toys that can be borrowed for a period of time by children and their carers living in the Inner West of Sydney. For children aged 0-5 yrs.*

**Koorana**  
Ph: 9750 4100 [www.koorana.org.au](http://www.koorana.org.au)  
*Provides family support and case management. Early diagnosis support programs.*

**KU Inner West Play & Chat**  
Ph: 9692 0559 [www.ku.com.au/ku.iwplayandchat](http://www.ku.com.au/ku.iwplayandchat)  
*Supported Playgroup facilitated by an early childhood educator. Playgroups operate at several sites across the Inner West.*

**Sydney City Family Relationship Centre**  
Ph: 8235 1500 [sydneyfrc@ransw.org.au](mailto:sydneyfrc@ransw.org.au)  
*Provides family dispute resolution (mediation) to help separating parents reach agreement on parenting arrangements without going to court. Also helps families strengthen relationships and deal with relationship difficulties through providing information and referrals.*

**Inner West Family Connect**  
Ph: 9559 1883 [www.metromrc.org.au](http://www.metromrc.org.au)  
*Provides support to Inner West families with children aged 0-8yrs, from culturally diverse backgrounds.*

## EARLY CHILDHOOD HEALTH CENTRES

*Free confidential health service for parents with children 0-5 years. The service provides support, advice, developmental checks, new parent groups, breast feeding support sessions, starting solids information sessions and referrals to other services as appropriate.*

**Call 8788 4288 for an appointment or to check opening days and hours.**

**Ashfield Early Childhood Health Service**  
Ph: 8788 4288  
24 Liverpool Rd Croydon NSW 2137 (co-located with Croydon EC until building complete at Ashfield)

**Concord Early Childhood Health Service**  
Ph: 8788 4288  
57A Wellbank Street, Concord NSW 2137

**Croydon Early Childhood Health Service**  
Ph: 8788 4288  
24 Liverpool Road, Croydon NSW 2132

**Chiswick Early Childhood Health Service**  
Ph: 8788 4288  
5a Blackwell Point Road, Chiswick NSW 2046

**Five Dock Early Childhood Health Service**  
Ph: 8788 4288  
Cnr First Avenue & Park Road, Five Dock NSW 2046

**Homebush Early Childhood Health Service**  
Ph: 8788 4288  
2A Fraser Street, Homebush NSW 2140

## HOSPITALS

**Concord Hospital**  
Ph: 9767 5000 [www.concordhospital.com.au](http://www.concordhospital.com.au)  
Hospital Road, Concord NSW 2137

**Royal Prince Alfred (RPA)**  
Ph: 9515 6111 [www.cs.nsw.gov.au/rpa](http://www.cs.nsw.gov.au/rpa)  
Missenden Road, Camperdown NSW 2050

**Sydney Children's Hospital**  
Ph: 9382 1111 [www.sch.edu.au](http://www.sch.edu.au)  
High Street, Randwick NSW 2031

**St John of God Hospital**  
Ph: 9715 9215 [www.beatbabyblues.com.au](http://www.beatbabyblues.com.au)  
23 Grantham Street, Burwood NSW 2134  
*Not for profit private mental health care. Offers integrated services for the whole family across the range of inpatient, outpatient and day to day stay. Holistic approach to care and focus on early intervention.*

**Westmead Children's Hospital**  
Ph: 9845 5555 [www.chw.edu.au](http://www.chw.edu.au)  
Cnr Hawkesbury & Darcy Roads, Westmead NSW 2145

**For all Emergencies - Police, Ambulance, Fire Brigade**  
Ph: 000 (112 For Mobiles only)

## HEALTH SERVICES

**Tresillian Family Centre & Babycare**  
Ph: 9787 0855 [www.tresillian.net](http://www.tresillian.net)  
McKenzie Street, Belmore NSW 2192  
*Offers support & advice for families experiencing difficulties with infants & young children aged 0-5yrs. Services include 24 hour Parents Help Line, residential, day stay & outreach programs, parent education programs & help for women experiencing postnatal depression.*

**Karitane**  
Ph: 9794 2300 [www.karitane.com.au](http://www.karitane.com.au)  
126 The Horsley Drive, Carramar NSW 2163  
*A statewide residential unit. Week stay for families experiencing difficulties parenting with children up to the age of 4yrs. Referrals only by health professionals.*

**Child and Family Health Service**  
Ph: 9378 1100 [www.sswahs.nsw.gov.au](http://www.sswahs.nsw.gov.au)  
24 Liverpool Road, Croydon NSW 2132  
*Provides social, emotional & physical health support to families & their children aged 5-18yrs. Includes doctors, nurses, social workers, physiotherapy, speech pathologists, psychologists, and occupational therapists.*

**Family Mental Health Service**  
Ph: 9378 1100 [www.sswahs.nsw.gov.au/MHealth/](http://www.sswahs.nsw.gov.au/MHealth/)  
*Focus on families where a parent has a mental health problem. Programs include holiday program for 7-14 yrs, groups for mothers with mental health problems, playgroup, consultation and information resources.*

**Croydon Mental Health Service**  
Ph: 9378 1100 [www.sswahs.nsw.gov.au](http://www.sswahs.nsw.gov.au)  
Acute Care after hours Phone: 132 222  
24 Liverpool Road, Croydon NSW 2132  
*Assessment and treatment for people suffering mental illness and/or drug and alcohol addiction.*

**Leichhardt Women's Community Health Centre**  
Ph: 9560 3011 [www.lwchc.org.au](http://www.lwchc.org.au)  
55 Thornley Street, Leichhardt NSW 2040  
*A non profit womens' health centre, operated by women for women, providing low cost medical and complementary health care.*

**Rivendell Adolescent Service**  
Ph: 9736 2288 [www.cs.nsw.gov.au/Mhealth/](http://www.cs.nsw.gov.au/Mhealth/)  
Thomas Walker Building, Hospital Road, Concord West NSW 2138  
*Provides mental health services including inpatient/outpatient care & schooling for children & adolescents.*

**Sydney Dental Hospital**  
Ph: 9293 3333 for Bookings [www.sswahs.nsw.gov.au](http://www.sswahs.nsw.gov.au)  
2 Chalmers Street, Surry Hills NSW 2010  
*Comprehensive dental treatment for child 0-17yrs. Assessment carried out at some primary schools. Clinic services at Croydon and Concord.*

## GOVERNMENT CONTACTS

**Community Services** [www.community.nsw.gov.au](http://www.community.nsw.gov.au)  
**Child Protection Helpline - Ph: 132 111**  
*Provides child protection services, parenting support and early intervention, foster care, adoption services and help for communities affected by disaster.*

**Housing (Burwood Office)**  
Ph: 9715 0600 [www.housing.nsw.gov.au](http://www.housing.nsw.gov.au)  
56 Railway Parade, Burwood NSW 2134  
*Long term affordable housing for people on low incomes and with complex needs who are unable to afford or locate suitable housing in the private rental market. Also provides assistance with bond/advance rent to secure private rental.*

**Ageing, Disability & Home Care**  
Ph: 9334 3770 [www.adhc.nsw.gov.au](http://www.adhc.nsw.gov.au)  
Level 3, 56 Railway Parade, Burwood NSW 2134  
*Provides Physiotherapy, Occupational & Speech Therapy, Behaviour Intervention & Support, Case Management and Social Work intervention. Referral point to other services for respite, accommodation & services that may be required by people with an intellectual disability, or children with a developmental delay.*

**Sydney Local Health Network-Croydon Health Centre**  
Ph: 9378 1100 [www.health.nsw.gov.au](http://www.health.nsw.gov.au)  
24 Liverpool Road, Croydon NSW 2132  
*Child & Family Health Nursing (Early Childhood), Community Health Nursing, Child, Adolescent & Family Health services including counselling, physiotherapy, occupational therapy & speech therapy. Mental Health, Drug Health, and Dental.*

**Department of Education & Communities**  
Ph: 8848 4900 [www.det.nsw.edu.au](http://www.det.nsw.edu.au)  
**Community Information Officer**  
Ph: 8848 4934  
*Student Services & Equity Programs including: School Counsellors, Student Welfare Consultants, Multicultural Programs & services for Students with special needs.*

**Centrelink** [www.centrelink.gov.au](http://www.centrelink.gov.au)  
**Appointments - Ph: 13 1021**  
**Family Assistance - Ph: 13 6150**  
**Multilingual Call - Ph: 13 1202**  
56 Railway Parade, Burwood NSW 2134  
*Centrelink is an Australian Government Statutory Agency, assisting people to become self-sufficient and supporting those in need. Provides support and information in finding employment, and other financial assistance.*

**Local Police Departments**  
**ASHFIELD - Ph: 9797 4099**  
14 Victoria Street, Ashfield NSW 2131  
**BURWOOD - Ph: 9745 8499**  
24 Burleigh Street, Burwood NSW 2134  
**FLEMINGTON - Ph: 9764 0055**  
Flemington Markets Complex  
Parramatta Road, Flemington NSW 2129  
*Assistance, support and information regarding Community Safety, Domestic Violence, Youth Liaison, Crime Prevention.*